

INFECTIOUS DISEASE UPDATE

Preparedness and Prevention
For Municipal and County Partners



PREVENTATIVE MEASURES

- Stay Healthy....
- CDC recommends individuals and families follow everyday preventive measures:
 - Voluntary Home Isolation: Stay home when you are sick with respiratory disease symptoms. At the present time, these symptoms are more likely due to influenza or other respiratory viruses than to COVID-19-related virus.
 - Respiratory Etiquette: Cover coughs and sneezes with a tissue, then throw it in the trash can.
- Hand Hygiene: Wash hands often with soap and water for at least 20 seconds; especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use an alcohol-based hand sanitizer with 60%-95% alcohol.
- Environmental Health Action: Routinely clean frequently touched surfaces and objects
- Routine use of these measures by individuals and their families will increase community resilience and readiness for responding to an outbreak.

PROTECTIVE AND COMMUNITY MEASURES



- **Personal Protective Measures.** During an outbreak in your community, CDC recommends the everyday preventive measures listed —especially *staying home when sick*—and taking these additional measures:
 - Keeping away from others who are sick.
 - Limiting face-to-face contact with others as much as possible
 - Consulting with your healthcare provider if you or your household members are at high risk for COVID-19 complications
 - Wearing a facemask **if advised to do so** by your healthcare provider or by a public health official
 - Staying home when a household member is sick with respiratory disease symptoms, if instructed to do so by public health officials or a health care provider (Voluntary Home Isolation or Quarantine). Call your doctor before going into the office.
- **Community Measures.** If COVID-19 disease is occurring in your community, state and local public health authorities may decide to implement:
 - Temporary closures or dismissals of childcare facilities and schools
 - Other social distancing measures that increase the physical space between people, including:
 - Workplace social distancing measures, such as replacing in-person meetings with teleworking
 - Modifying, postponing, or cancelling mass gatherings.
- Decisions about the implementation of community measures will be made by local and state officials, in consultation with federal officials as appropriate, and based on the scope of the outbreak and the severity of illness. Implementation will require extensive community engagement and ongoing and transparent public health communications.



PERSONS UNDER INVESTIGATION (PUI)

- **How COVID-19 Spreads**

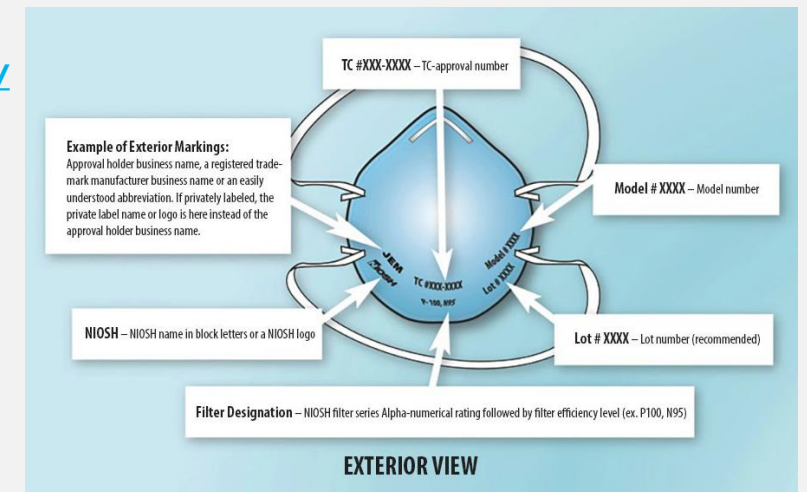
- Current understanding about how the virus that causes coronavirus disease 2019 (COVID-19) spreads is largely based on what is known about similar coronaviruses. COVID-19 is a new disease and there is more to learn about how it spreads, the severity of illness it causes, and to what extent it may spread in the United States.

- **Person-to-person spread**

- The virus is thought to spread mainly from person-to-person.
- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- Spread from contact with infected surfaces or objects
- It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

WHAT IS AN N95 MASK – HOW OFTEN SHOULD I WEAR ONE

- **Select a type of respirator to see all approved models:**
- [N95](#) – Filters at least 95% of airborne particles. Not resistant to oil.
- [Surgical N95](#) – A NIOSH-approved N95 respirator that has also been cleared by the Food and Drug Administration (FDA) as a surgical mask.
- [N99](#) – Filters at least 99% of airborne particles. Not resistant to oil.
- [NI100](#) – Filters at least 99.97% of airborne particles. Not resistant to oil.
- [R95](#) – Filters at least 95% of airborne particles. Somewhat resistant to oil.
- [P95](#) – Filters at least 95% of airborne particles. Strongly resistant to oil.
- [P99](#) – Filters at least 99% of airborne particles. Strongly resistant to oil.
- [P100](#) – Filters at least 99.97% of airborne particles. Strongly resistant to oil.



TO SHARE INFORMATION...

Work Hours - 256-549-4575

After Hours - 256-328-9876

[Infectious Disease Questions](#)

GECEMA will follow up with...



Etowah County Health Department

709 E Broad St

Gadsden, AL 35903-2452

Phone: [\(256\) 547-6311](tel:2565476311)

mary.gomillion@adph.state.al.us

www.alabamapublichealth.gov/etowah/index.html

And visit www.alabamapublichealth.gov/infectiousdiseases/2019-coronavirus.html

RESOURCES FROM THE ALABAMA DEPARTMENT OF PUBLIC HEALTH (ADPH)

- [Novel Coronavirus \(COVID-19\) News Conference \(03/02/20\)](#)
- [ADPH News Releases](#)
- [ALERT HAN Messages](#)
- [Bureau of Communicable Disease \(BCD\) News Releases](#)
- [Poster: 2019 Novel Coronavirus ATTENTION \(English\)](#)
- [Poster: 2019 Novel Coronavirus ATTENTION \(Chinese\)](#)
- [Poster: 2019 Novel Coronavirus ATTENTION \(Spanish\)](#)
- [Letter to All Day Care Centers and Head Start Programs](#)
- [Letter to All State Post-Secondary Schools and the State Department of Education](#)
- [Letter to Businesses and Employers](#)
- [Letter to Health Care Providers](#)
- [COVID-19 Frequently Asked Questions \(Updated 02/27/20\)](#)
- [Pandemic Education, Planning, and Preparedness](#)

WHAT WE WANT YOU TO KNOW

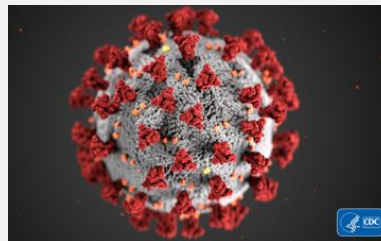
- It's not just COVID-19
 - Hepatitis A
 - Influenza
 - AND MORE (STD's)
- Refresh dried disinfectant wipes with 10 Parts Water and 2% Bleach
- Empty trash immediately
- Add Antibacterial Soap and a Bottle of Water to your vehicle
- Practice these steps at home
- Social Distancing
- Make your own Hand Sanitizer or Disinfectant Cleaners
- You may be ask to do Home Isolation or Home Quarantine: A person's residence is generally the preferred setting for quarantine. As with isolation, home quarantine is often least disruptive to a person's routine.



Recommendations

What can you do to help you and your family

- Steering Wheels
- Keyboards/Key Pads
- Door Handles
- Computer Mouse
- Telephones
- Knobs and Locks
- Seats/Backs of Chairs
- Keys
- Faucets
- Toilet Handle
- Thermostat Control
- Other Equipment (calculators), etc.
- Take it off – wash it
- Hugs after washing
- Wash clothes daily
- Bed clothes more often than normal



HOW OPENED IS OPENED?

- How many floors of the courthouse or judicial building will be opened to the public?
- Good time to remind citizens to use online services and email where possible.
- Provide Hand Sanitizer, tissues, wipes and spray at doorways for use
- Use Antibacterial Soap in all dispensers.
- Disinfect packages sent from other countries – Simple spray
- Puts signs at the entrance(s) of all buildings (Cover your Cough and Sneeze)
 - English and Spanish
 - Had a temp in the last 24 hrs. please come back when you are 24 hrs. free of a temp.

WHAT IS COOP AND COG?

- The measures we have talked about will help us with our Continuity of Operations Plans (COOP) and Procedures and our Continuity of Government Policies and Procedures (COG).
- We have a Plan (since 2008) We are in the process of updating
- We have created an Infectious Disease Task Force
- We have already met with Elected Officials, First Responders, Public Health, School Administrators
- Think through what your department can do to help.....

IDEAS, SUGGESTIONS – GIVE YOUR COMMENTS

- Personnel – take applications on the 1st floor? Limit access to upper floors?
- Etowah County Rural Transportation – Air out vehicles often, spray and disinfect multiple times a day. Do not forget to do the same at pick up points.
- Tag Office/Satellite Tag Offices - Post prevention tips at all sites. Make sure each center is stocked with hand sanitizer, wipes, tissues and signs in English and Spanish
- County Road & Engineering – Teach your employees about personal hygiene for their safety and the safety of their families. Have them disinfect any vehicles several times a day. Have what they need to do so in each vehicle.
- Revenue – Air out offices that are highly visited. Disinfect **heavily** in public places.
- Court - Use your own pens, phone, keyboards and mouse, stapler, etc. Post signs in English and Spanish. Have available hand sanitizer, wipes, disinfectant spray.
- Security – Have available disinfectant for them and those who enter.

QUESTIONS, COMMENTS AND SUGGESTIONS

